

## Principles of the Circle of Trust® Approach

**1 EVERYONE**

has an inner teacher

**3** Inner work must be  
**INVITATIONAL**

**5** Appreciating  
**PARADOX**

enriches our lives  
and helps us hold  
**GREATER COMPLEXITY**

**7 A HIDDEN WHOLENESS**

**UNDERLIES OUR LIVES.**

**2 INNER WORK**

requires **SOLITUDE**  
and **COMMUNITY**

**4** Our lives move in  
**CYCLES** like the  
**SEASONS**

**6** We live with greater  
**INTEGRITY**

when we see ourselves  
**WHOLE**